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## Cooking School Text Book (Classic Reprint)

By Juliet Corson

Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Excerpt from Cooking School Text Book Public interest in the work of popularizing cheap and good cookery has for some time been so marked, and so many applications for a book of this character are continually received at the N. Y. School of Cookery, that we feel quite justified in offering our special plan of instruction for the guidance of societies or individuals who wish to establish similar institutions elsewhere. In presenting this text-book to the public, we desire to call attention to the necessity for accompanying technical instruction with some explanation of the principles of cookery as applicable to the preservation of the general health. A book of mere receipts would fail to accomplish the purpose we have in view, i. e., some intelligent comprehension on the part of the cook of the chemistry of food and the physiology of nutrition. Our present limits will not permit any lengthy exemplification of this point, but we have embodied the general features of our instructions in the appendix to this volume, and the student is advised to become well...



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