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303 KID-APPROVED EXERCISES AND ACTIVE GAMES



Hunter House Publishers. Paperback. Book Condition: New. Michael Sleva (illustrator). Paperback. 144 pages. Dimensions: 8.9in. x 6.0in. x 0.5in. With game consoles and the Internet, children are playing as much as they always have but now, they sit still while doing it. Kids spend as much time watching TV, using computers, and playing video games as they spend in school each week. One in every three kids in America is considered overweight or obese, and the number one concern that parents bring...

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- Authored by Kimberly Wechsler
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