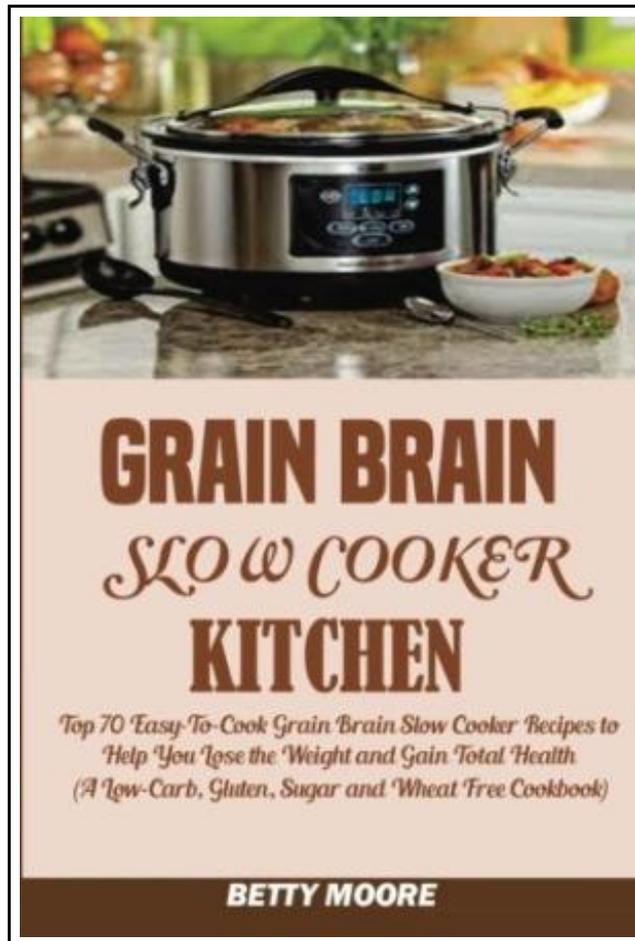


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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. Large Print. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. It is time to kick grain completely out of your diet. **GRAIN BRAIN Slow Cooker Kitchen** is a sure guide to **Losing Belly Fat, Boost Your Brain Cells and Prevent Disease** is a collection of fast and easy-to-cook recipes for anyone on a **Grain Free Recipes, Gluten Free Recipe, Wheat Free Belly Recipes, Brain Health Recipe, Celiac Recipes, Autoimmunity Recipe, Low Carb Recipes, Sugar Free Recipes**. **GRAIN BRAIN Slow Cooker Kitchen** Features the **Top 70** delicious **Grain Brain** recipes for complete health and vitality, which will keep your brains vibrant and sharp while dramatically reducing the risk of debilitating neurological diseases. It will provides you with the necessary tools to create a gluten-free diet high in good fats and full of wholesome, flavorful foods. **GRAIN BRAIN Slow Cooker Kitchen** is a beginner s guide to the brain grain dieting. It will revolutionized the way you think about your health by exposing you to the devastating effects of wheat, sugar, and carbs on the brain and empowering you with the knowledge in making the right decision on your daily dieting. If you eat the right foods, you can profoundly affect how your brains will be working this year, next year, in five years, and for the rest of your lives. This book will aid you in discovering a way to avoid sickness, by eating food that would help protect you and boost your brain cells. It is prepared in a quick and easy-to-cook style. It serves as a supplement to the wheat belly by William Davis and Bread Grain by DR. Perlmutter that tells us the genetically altered, breads and grain are causing...

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